

## 2018-2019 Confirmation 1 Requirements Checklist

Use this checklist to keep track of your requirements for Confirmation 1.

### Items to complete:

- Meeting attendance (12 meetings): Calendar (page 2) & Attendance Policy (page 3) attached.
- Sponsor Form (page 4) due by **October 7, 2018**.
- Year 1 Retreat on **October 20, 2018**. Permission Slip (page 5) due by **September 16, 2018**.
- Saint Report (page 6-7) due by **December 16, 2018**.
- Sponsor Event: Encounter Night on **January 20, 2019**.
- Attend one "Growing in Faith" talk with your sponsor. Reflection (page 8) due by **March 31, 2019**. Make sure teens and sponsors sign-in at the Church when attending the talk.
- Attend Reconciliation (Confession) with your sponsor. Reflection (page 9) due by **March 31, 2019**.
- 20 Service Hours due by **March 31, 2019**. You may use the attached log (page 10) to track the hours.
- End of the Year Interview on **March 31, 2019** (during Formation Meeting)

*"The world promises you comfort, but you weren't made for comfort. You were made for greatness."*

Pope Benedict XVI



## YEAR ONE CALENDAR

Date	Notes	
<b>August 26, 2018</b>	<b>Parent &amp; Teen Meeting in Church &amp; Quinn</b>	
<b>September 9, 2018</b>	Y1 & Y2 Formation	Encounter Night with Parents (All are Welcome)
<b>September 16, 2018</b>	Formation	Why Am I Here? (Baptism) <i>Retreat Permission Slips Due</i>
<b>September 28-30, 2018</b>	Event	Autumnfest (No Formation)
<b>October 7, 2018</b>	Formation	How do I know God is Real? <i>Sponsor Form Due</i>
<i>Saturday, October 20, 2018</i>	<b>YEAR 1 RETREAT</b>	
<i>Thursday, November 1, 2018</i>	Holy Day	All Saints' Day
<i>Saturday, November 3, 2018</i>	Event	Inspiration at Six Flags Magic Mountain
<b>November 4, 2018</b>	Formation	Salvation History (Genesis/Sin)
<b>November 18 &amp; 25, 2018</b>	NO FORMATION – Thanksgiving	
<b>December 2, 2018</b>	Y1 & Y2 Formation	Safety Education / Advent
<i>Saturday, December 8, 2018</i>	Holy Day	The Immaculate Conception of The Blessed Virgin Mary
<b>December 16, 2018</b>	Formation	Jesus – Person and Mission of Christ <i>Saint Report Due</i>
<i>Tuesday, December 25, 2018</i>	Holy Day	MERRY CHRISTMAS!!!!
<b>December 30, 2018</b>	NO FORMATION – HAPPY NEW YEARS!	
<i>Tuesday, January 1, 2019</i>	Holy Day	Solemnity of Mary, Mother of God
<b>January 13, 2019</b>	Formation	Holy Spirit
<b>January 20, 2019</b>	Y1 & Y2 Formation	Encounter Night with Sponsors
<b>February 10, 2019</b>	Formation	Four Marks of the Church (One, Holy, Catholic, Apostolic)
<b>February 17, 2019</b>	NO FORMATION – Presidents' Day Weekend	
<b>March 3, 2019</b>	Formation	Sacraments
<i>Wednesday, March 6, 2019</i>	Holy Day	Ash Wednesday – Beginning of Lent
<b>March 17, 2019</b>	Formation	Mass
<i>Thursday, March 21, 2019</i>	Event	Youth Day - Los Angeles Religious Education Conference
<b>March 31, 2019</b>	Formation	Q/A Panel <i>Confirmand Interviews Service Hours, Reconciliation, Growing in Faith Due</i>
<b>April 14, 2019</b>	Formation	Keeping the Faith Going
<b>April 21, 2019</b>	Holy Day	HAPPY EASTER!!!

Reconciliation is every Wednesday from 6:30pm to 7:00pm, every Saturday from 4:00pm to 5:00pm.

Growing in Faith (4:30pm & 7:00pm on Tuesdays)

October 9, 2018

November 6, 2018

December 4, 2018

January 8, 2019

February 5, 2019

March 5, 2019

April 9, 2019

## Attendance Policy 2018-2019

Confirmation Formation Meetings are held on Sundays after the 5:30pm Mass from 6:30pm-8:30pm. Candidates are encouraged to attend the 5:30pm Youth Mass with their fellow peers. Please make sure to go to Mass every Sunday to further growth in their Catholic faith.

Year 1 and Year 2 meet on alternating weeks. There will be 2 meetings where both Year 1 and Year 2 will meet on the same evening. Each year will have a total of 12 meetings to attend.

Candidates are expected to attend all 12 meetings. A maximum of 2 absences with make-up assignment are allowed. **Please contact Gerrick Gamboa as soon as you know the candidate will be absent to get the make-up assignment.**

### **TARDINESS**

If the candidate will be more than 15 minutes late to the meeting, this will be considered an absence.

Gerrick Gamboa  
Youth & Young Adult Coordinator  
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562-296-9020

**ST. HEDWIG CATHOLIC CHURCH  
CONFIRMATION PROCESS 2018-2019  
SPONSOR FORM**

Confirmation candidates are to select a sponsor. A sponsor's role is to take care that the confirmed person behaves as a true witness of Christ and fulfills the obligations inherent in this sacrament. It is desirable that the sponsor from Baptism be the sponsor at Confirmation although it is not mandatory.

**Name of Confirmation Candidate:** \_\_\_\_\_

**Requirements for Sponsors:** Sponsors, please initial beside each requirement indicating you meet the stated requirement.

1. A sponsor must be a Catholic who has been Baptized and Confirmed. **Initials** \_\_\_\_\_
2. A sponsor must be a practicing Catholic, going to **weekly** Mass on Sundays and receiving Communion regularly. **Initials** \_\_\_\_\_
3. Is Sponsor Married? Yes No If married, the sponsor must be married in the Catholic Church (If divorced, is not remarried or previous marriage is annulled). **Initials** \_\_\_\_\_
4. A sponsor must be at least 16 years old. **Initials** \_\_\_\_\_
5. A sponsor cannot be the candidate's parent. **Initials** \_\_\_\_\_

**Sponsor Information**

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Phone: \_\_\_\_\_

Name of Parish you are registered at and regularly attend: \_\_\_\_\_

City/State: \_\_\_\_\_

What is your relationship to the candidate? \_\_\_\_\_

How long have you known the candidate? \_\_\_\_\_

**Sponsor's Sacrament Information**

Church of Baptism: \_\_\_\_\_ City/State: \_\_\_\_\_ Year: \_\_\_\_\_

Church of First Eucharist: \_\_\_\_\_ City/State: \_\_\_\_\_ Year: \_\_\_\_\_

Church of Confirmation: \_\_\_\_\_ City/State: \_\_\_\_\_ Year: \_\_\_\_\_

*If married:*

Church of Marriage: \_\_\_\_\_ City/State: \_\_\_\_\_ Year: \_\_\_\_\_

I meet the requirements to be a Confirmation sponsor and am prepared to assist the person I am sponsoring in living the Christian life by my own actions, concern and encouragement. I will do my best to attend Candidate/Sponsor events and Confirmation Mass rehearsal. I understand that I MUST be present at the Confirmation Mass.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Sponsor

# Saint Hedwig Catholic Church

Diocese of Orange

## Permission and Medical Release Form

**Event:** Confirmation 1 Retreat  
**Location:** St Hedwig Catholic Church  
11482 Los Alamitos Blvd, Los Alamitos, CA 90720

**Date and Time:** Saturday, October 20<sup>th</sup>, 2018 from 10:00am-6:30pm

Participant's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_

Address: \_\_\_\_\_

Mother's Name: \_\_\_\_\_

Mother's Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Father's Cell Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Medical Insurance \_\_\_\_\_ Policy # \_\_\_\_\_

Allergies, medications or any other medical concerns/special needs to be aware of:

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Emergency contact (other than Parent):

Name \_\_\_\_\_ Phone \_\_\_\_\_

I, the parent/guardian of the above named minor, hereby give my permission for his/her participation in the above named event. I agree to direct my son/daughter to cooperate with and follow instructions of parish or diocesan personnel responsible for this event.

As a condition of my son/daughter being allowed to participate, I hereby release and discharge the Diocese of Orange, its constituent organizations, their employees and volunteers from any and all claims for personal injuries or property damage that he/she may suffer as a result of his/her participation in the activity/event described above.

If intentional property damage occurs at the facility used for the event listed, caused by my son/daughter's participation, above and beyond normal wear and tear, I understand I will be held responsible for costs incurred to remedy said damages.

I hereby authorize the making of photographs, videotapes, recordings, or other memorializing of said event and my son/daughter's participation therein, and the publication and duplication or other use thereof. I hereby waive any right to compensation or any right that I otherwise might have to limit or control such making or use.

I hereby give permission to the physician, nurse, dentist or licensed care staff selected by the supervisory personnel then present to render medical, dental, or other appropriate treatment deemed necessary if I cannot be contacted.

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**Print Parent/Guardian's Name**

**Parent/Guardian's Signature**

**Date**

**ST. HEDWIG CATHOLIC CHURCH  
CONFIRMATION PREPARATION 2018-2019**

**CONFIRMATION SAINT NAME**

We are ALL called to be Saints! Saints are with God in Heaven...which is where we are meant to be! As part of the Confirmation preparation, you will select a Confirmation Saint Name. You are encouraged to use your Baptismal Saint Name but you may select a different Saint.

You may use <http://www.catholic.org/saints/> or <http://catholicsaints.info/> to look up information on Saints.

Name of Confirmation Candidate: \_\_\_\_\_

Confirmation Saint Name (Be specific, i.e.: Therese of Lisieux, Teresa of Avila, Joseph-Foster Father of Jesus, etc.): \_\_\_\_\_

Saint's Feast Day: \_\_\_\_\_

1. Share at least five highlights or stand out occurrences of your saint's life. This may include: What made him/her stand out from others? How did he/she become holy? What were some of the trials that this person faced?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. Based on the highlights mentioned above, circle the descriptions that best exemplify your saint:  
Healer    Helper    Teacher    Leader    Sufferer    Peacemaker    Prayer  
    Lover of the Eucharist    Warrior    Evangelist    Overcoming Obstacles  
   Finding Courage

Other: \_\_\_\_\_

3. Do these descriptions stand out to you? Why? How can you grow to become the best-version of yourself and incorporating these descriptions into how you could be described one day?

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4. How can you relate to this saint's life story or journey in your own journey?

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5. Of the thousands of saints (we know of), what made you choose this saint? (minimum five sentences)

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6. What would you say to this saint right now, if you could meet him/her in person?

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**DUE DECEMBER 16<sup>TH</sup>**

ST. HEDWIG CATHOLIC CHURCH  
CONFIRMATION PROCESS 2018-2019

Growing in Faith Reflection Form

Each month, Saint Hedwig parish hosts a series called "Growing in Faith" where we invite speakers to share about a topic relating to our faith. Each candidate must attend at least one "Growing in Faith" session with your sponsor (parent may substitute if sponsor is not available). Below are the dates of the "Growing in Faith" sessions for the year. On each of the dates, the session is offered twice, one at 4:30-5:30pm and one at 7-8pm. You only have to attend one session.

**Growing in Faith Dates:**

- October 9, 2018
- November 6, 2018
- December 4, 2018
- January 8, 2019
- February 5, 2019
- March 5, 2019
- April 9, 2019

**Growing in Faith Reflection Form due by:**  
Confirmation Year 1: March 31, 2019  
Confirmation Year 2: March 24, 2019

**Teen Name:** \_\_\_\_\_ Confirmation:  Year 1  Year 2

**Attended with (Print Name):** \_\_\_\_\_  Sponsor  Parent

**Growing in Faith Date Attended:** \_\_\_\_\_

**Name of Speaker:** \_\_\_\_\_

**Title of the talk:** \_\_\_\_\_

**Write a short reflection on the talk you hear. (What did the speaker talk about? What did you find interesting? What did you learn?)**

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ST. HEDWIG CATHOLIC CHURCH  
CONFIRMATION PROCESS 2018-2019

Reconciliation Reflection Form – Spending an hour with God

We are all in need of healing and forgiveness. God offers us both in the Sacrament of Reconciliation (Confession). Candidates are required to go to reconciliation with their sponsor (or parent) at least once outside of retreat. This is an opportunity for Sponsors and candidates to reflect and share on God’s mercy and love.

**Going to Reconciliation/Confession on retreat does NOT count towards this requirement.**

**Go to Reconciliation by:**

**Confirmation Year 1:** Go to Reconciliation by Spring 2019. **Form is due March 31, 2019**

**Confirmation Year 2:** Go to Reconciliation during Fall 2018. **Form is due by December 9, 2018**

**Reconciliation Times at St. Hedwig:**

Wednesdays: 6:30pm-7:00pm

Saturdays: 4:00pm-5:00pm

*You may go to Reconciliation at any other parish/Catholic School as well.*

**Name:** \_\_\_\_\_ Confirmation:  Year 1  Year 2

**Date you went to Reconciliation:** \_\_\_\_\_

**Church where you went to Reconciliation:** \_\_\_\_\_

**Attended Reconciliation with (Print Name):** \_\_\_\_\_  Sponsor  Parent

**Write a short reflection about your experience with Reconciliation and how you may have experienced God’s love and mercy through this Sacrament.**

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**ST. HEDWIG CATHOLIC CHURCH**  
**2018-2019 CONFIRMATION PROCESS**

**SERVICE HOURS LOG SHEET**

Candidates are to complete 20 hours of volunteer service for each year of Confirmation. Candidates are responsible for tracking their hours and obtaining the appropriate signature verification.

Service Hours are Due by:

**Confirmation Year 1:** March 31, 2019

**Confirmation Year 2:** March 24, 2019

Name: \_\_\_\_\_

Confirmation Year:  1  2

Date	Service Activity	# of Hours	Name of Adult Supervisor	Adult Supervisor Signature

**Total # of Hours**