



Saint Hedwig Catholic Church

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www.sainthedwighparish.org

Extraordinary Ministers of Holy Communion

The Church established the Ministry of Extraordinary Ministers of Holy Communion (EMHC) several decades ago. Ministers assist the Priests and Deacons in the Distribution of the Body and Blood of Christ to the congregation. Ministers also assist with the distribution of ashes on Ash Wednesday.

Qualifications

The following are the desirable qualifications of an Extraordinary Minister of Holy Communion:

- Baptized and Confirmed Catholic men and women who practice their faith on a regular and consistent basis
- 25 years of age or older (Dispensations may be granted on a case-by-case basis)
- Registered member of the parish, or written authorization from your Pastor if not a member of this parish
- If married, the marriage should have been performed in the Church or subsequently blessed in the Church. Divorce does not make one ineligible for this ministry

Requirements

- Candidates must complete a training class of approximately 1 1/2 hours prior to commissioning. Recommissioning occurs every two years.
- Ministers either serve on a set team, or are randomly assigned by the computer system we use. Normally, each minister serves two times per month. Holy Days and special celebrations (i.e. Christmas) use volunteer sign-ups, so you can choose which Mass you would like to attend on holidays.

How To Sign Up

Please contact Julianne Bancroft, EMHC Coordinator, at (714) 299-4195 or HedwigEMHC@gmail.com